

# HIGH SCHOOL KIT

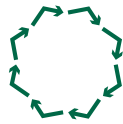
Printable  
Learning Tools



# Printable Learning Tools

## High School

Developed as part of



**Mission  
Recyclage  
Compostage**  
Laurentides



The Mission Recyclage Compostage recycling and composting project is led by Synergie économique Laurentides in collaboration with the RCMs of the Laurentian administrative region and the City of Mirabel. The project aims to optimise the recycling and composting practices of the region's industries, companies and institutions (ICI) and to reduce what goes to landfill.



Synergie économique Laurentides is a non-profit organization whose mission is to offer its business, institutional and municipal clients in the Laurentians a development model based on the principles of the circular economy, so that they may be more competitive in managing residual materials and greenhouse gases. [synergielaurentides.ca](http://synergielaurentides.ca)



### THE SCHOOL KIT CONSISTS OF 4 DOCUMENTS:

- Introduction to good waste management
  - Setting up a Green Committee
- Information, awareness and education tools

• **Printable learning tools**





## RECYCLING GUIDE

**THE RECYCLING BIN** is intended for:

- ✓ printed material
- ✓ containers
- ✓ packaging

**MATERIALS MUST BE PLACED LOOSE IN THE BIN** and must be relatively clean. Large items must be separated or cut up so that the wheeled bin can be closed.

**IF AN ITEM IS MADE OF MULTIPLE MATERIALS**, they must be separated (e.g., separate the glass jar from its metal lid).

**What materials are accepted?**  
Cardboard, paper, plastic, glass and metal.

**CLARIFICATION ON printed material**

- Paper and cardboard (flattened boxes)
- If wet: Yes
- If contaminated with chemicals, or oil: No
- Shredded paper: must be put in a transparent bag
- Remove flyers from PubliScap before recycling

**CLARIFICATION ON containers**

- Plastic containers: Numbers 1, 2, 3, 4, 5 and 7: Yes; Number 6: No
- Broken dishes, including drinking glasses, are not accepted
- Corks smaller than 5 cm can be left on the containers

**CLARIFICATION ON packaging**

- Flexible plastic (plastic bags, Saran Wrap, plastic wrap, etc.) is accepted if:
  - ✓ It is relatively clean and stretches easily
  - ✓ It is in a transparent bag
- Non-stretchable plastic packaging should go to landfill (cereal bags, cheese wrappers, etc.)
- Biodegradable and/or compostable plastics do not go in the recycling bin

\*No. 4 plastic (Oryonum or expanded polystyrene or not) is not accepted in this recycling collection. Ask your municipality for information, some offer a specific recycling program with the eco-store. Municipalities in the Laurentides and their recyclable materials to TRICENTRES. See www.tricentres.com to learn more.

[www.synergielaurentides.ca](http://www.synergielaurentides.ca)

## COMPOSTING GUIDE

**THE COMPOSTING BIN** is intended for:

- ✓ food waste
- ✓ green waste
- ✓ soiled paper and cardboard

**IF YOU CAN EAT IT, YOU CAN COMPOST IT!**

**Food waste**  
Remove labels from the fruit as they are made of plastic.

**All green waste can be composted:** Leaves, grass, plants, small branches. Do not put invasive plants in it!

**Paper\*, cardboard\* and waxed cardboard\*:** Yes, even if soiled with food, fat or organic matter. No if contaminated with chemicals. \*It is better to put them in the recycling if they are clean.

**Compostable plastic:** **WARNING:** check with your municipality. Most of the time, compostable plastic is refused and must be sent to the landfill because it takes too long to degrade. Instead, opt for containers made of vegetable fibre (cardboard, bagasse, bamboo, etc.) or recyclable plastic.

**TO AVOID odours and insects:**

- Put paper or cardboard at the bottom of the bin
- Avoid liquids!
- Keep the brown bin out of the sun if possible
- Take the bin out at each collection even if it is not full
- Rinse it regularly and wash it with vinegar if necessary

[www.synergielaurentides.ca](http://www.synergielaurentides.ca)

## SCHOOL SUPPORT SHEETS

**Schools produce a lot of organic material!**

A 2017 study on the content of the bins of schools not composting shows that about 50% of the weight of the waste is organic material. Setting up a collection is therefore an important action to reduce what is sent to landfill.

**Schools also produce a lot of office supplies, paper and a variety of other waste materials depending on the programs.**

**How can we reduce what goes to landfill ?**

Make sure that recycling containers are well identified, that you have enough of them and that they are strategically placed to optimise collection.

Consider creating a Green Committee, making an action plan to improve recycling collection, and gradually working towards implementing organic material collection if you haven't already done so!

Refer to the «Guide to setting up a Green Committee» produced as part of the Mission recycle et compostage recycling and composting project at <https://synergielaurentides.ca/etude-de-cas/outils-de-sensibilisation/#implementation-comite-vert>

Before signing a waste and recycling contract with a private contractor, check with your municipality. Many offer services to meet the needs of schools.

## SORTING GUIDE SCHOOL AND ART SUPPLIES

MATERIAL	RECYCLABLE?	COMPOSTABLE?	PRECISION - ALTERNATIVE
Agendas	✓	X	*Separate the metal coil from the plastic sections for recycling.
Binders	X	X	
Stickers	X	X	
Chalk	X	✓	
Ink pens	X	X	Free recycling programmes offered at certain retailers (i.e. Staples/Desruess en gros).
Elastics	X	X	
Office supplies (scissors, stapler, etc.)	X	X	Terracyclic offers a recycling programme for these items (3).
Erasers	X	X	
Books	✓	X	*Remove the metal or plastic binding. The metal is also recyclable.
Plastic books	X	X	

\*NOTE: Compostable plastics is not always accepted in the compost bin. Check with your municipality or service provider.

## Recycling Guide

<https://synergielaurentides.ca/etude-de-cas/outils-de-sensibilisation>

## Composting Guide

<https://synergielaurentides.ca/etude-de-cas/outils-de-sensibilisation>

## School Support Sheet

<https://synergielaurentides.ca/etude-de-cas/outils-de-sensibilisation>

## Sorting Sheet - School and art supplies

This tool is available only in French.