

SCHOOL KIT HIGH SCHOOLS

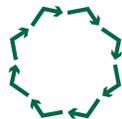
Information,
awareness and
education activities
and tools



Information, awareness and education activities and tools

High Schools

Developed as part of



Mission
Recyclage
Compostage
Laurentides



The Mission Recyclage Compostage recycling and composting project is led by Synergie économique Laurentides in collaboration with the RCMs of the Laurentian administrative region and the City of Mirabel. The project aims to optimise the recycling and composting practices of the region's industries, companies and institutions (ICI) and to reduce what goes to landfill.



Synergie économique Laurentides is a non-profit organization whose mission is to offer its business, institutional and municipal clients in the Laurentians a development model based on the principles of the circular economy, so that they may be more competitive in managing residual materials and greenhouse gases. synergielaurentides.ca

THE SCHOOL KIT CONSISTS OF 4 DOCUMENTS:

- Introduction to good waste management
 - Setting up a Green Committee
- **Information, awareness and education tools**
 - Printable learning tools

In this document, you will find activities that can be carried out by students and members of the Green Committee. In addition, a list of resources and information, awareness and education tools are available to help you optimise your waste management.

Information, awareness and education tools and activities

The Green Committee is dedicated to environmental issues in its community. It identifies projects aimed at improving good environmental practices in waste management.

- **Écoles écocitoyennes de l'Outaouais (Eco-citizen schools in the Outaouais region):** Support program for greener schools, with explanatory videos, classroom activities and an adapted waste management kit. Content details in Annex 1.

Link: <https://ecoles-eco.ca>

- **Drôle de planète:** : Fun and educational activities on the environment, particularly on waste management. Several age-specific activity sheets. Site from Belgium. Content details in Annex 2.

Link: <https://www.droledeplanete.be/fiches>

- **ACTES Movement:** Grouping of schools aiming to act in favour of a more ecological, peaceful, united and democratic society. Includes a multi-level certification programme, as well as free individual coaching and potential funding for activities.

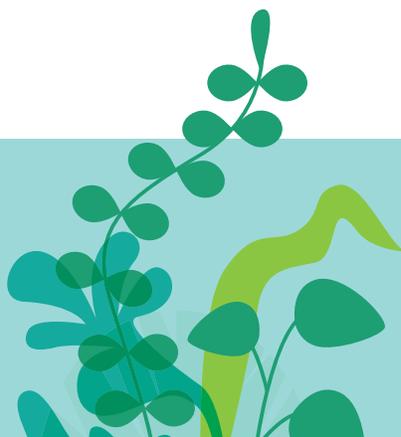
Link: <https://actes.lacsq.org>

- **Monique Fitz-Back Foundation, «Gère tes matières (Manage your waste)» project:** Project on good waste management in schools, with training, coaching, educational kit, contest, etc.

Link: <https://fondationmf.ca/engagement-jeunesse/geretesmatieres>

- **Lab 22:** To transform your school from the ground up and join the transition, go here :

Link: <https://www.lab22.org/a-propos>



More activity ideas



Relay Race Quiz

Take two buckets and add a mixture of materials typically found in the three bins (recycling, composting, waste). Then divide the class into two teams and have them stand in single file behind their bucket. Place three containers of the three sorting colours a few metres in front of them and at the signal, one pupil at a time per team must pick an object out of their bucket, consult their team, and run to put it in the right bin. It is important to discuss the activity with the students afterwards, because while speed is of the essence, it is more important to sort the materials correctly.

Invite a specialist to come and speak about the environment and waste management

Invite an environmental specialist from the region to come and explain the concept of zero waste or other subjects relevant to the environment and waste management.

Launch a competition between classes or levels to generate interest

Organise a competition between classes to motivate pupils to sort more. This can be done in several ways. For example, weigh the garbage can in each class every day during a theme week (e.g., Environment Week) and add up the total weight, the winning class being the one with the lowest total weight. Accompany this with sorting education activities.

Zero-Waste Challenge - Zero-Waste Week or Lunchtime

To raise awareness among students about better management of their waste and over-packaging, you can organise a zero waste or waste reduction day or week. This can be done mainly through lunch. Inform parents a few days before the event by publishing a message in the school newspaper or on social media.

Drawings, arts and crafts exhibition (recycling, composting)

As a creative activity, you can ask students to make drawings, crafts or art projects representing recycling and composting. These can then be displayed to raise awareness among other students and school staff.

Making and decorating sorting stations

Sorting stations can be assembled with containers you already have. Get students to decorate the containers, depending on the type of collection, and to make beautiful and playful posters to ensure better sorting. See examples on the next page and the following tutorial: <https://blog.manomano.fr/tutoriel-realiser-poubelle-de-recyclage>



Sorting stations examples.



In the composting containers, use a paper bag, not a plastic bag.



PRINTABLE TOOLS FROM THE SCHOOL KIT include visual sorting sheets to be posted near the sorting stations.



Annex 1.

Content details - Eco-citizen schools in the Outaouais region

Videos – Workshops, Eco-citizen schools in the Outaouais region https://ecoles-eco.ca/outils/gratuits/			
Level	Resources and activities	Content	Link
High School	Video: Myths and realities about landfills	Explains how a landfill site works and answers questions related to the materials that end up there	Myths and realities about landfills – YouTube
	Capsule 1 – The 3Rs: Reduce	In this series, the priority sequence of the 3R hierarchy is explained, starting with reduction at source. Explanations and examples lead to a better understand the concept of reducing.	Capsule 1 on the 3Rs: Reduce - YouTube
	Capsule 2 – The 3Rs: Reuse	In this series, the priority sequence of the 3R hierarchy is explained, continuing with reuse. Explanations and examples lead to a better understand the concept of reuse.	Capsule 2 on the 3Rs: Reuse- YouTube
	Capsule 3 – The 3Rs: Recycle	In this series, the priority sequence of the 3R hierarchy is explained, continuing with recycling. Explanations and examples lead to a better understand the concept of recycling.	Capsule 3 on the 3Rs: Recycle- YouTube
	Capsule 4 - The 3Rs: Recover	In this series, the priority sequence of the 3R hierarchy is explained, continuing with recovery. Explanations and examples lead to a better understand the concept of material recovery.	Capsule 4 on the 3Rs: Recover (composting)- YouTube
	Capsule 5 - The 3Rs: What about other materials?	This series explaining the priority sequence of the 3R hierarchy concludes with other materials, those that go into the garbage and those that shouldn't.	Capsule 5 on the 3Rs: And the other materials? - YouTube
	My eco-citizenship in action!	Demonstrates what it means to be an eco-citizen and the importance of every action you take for the environment.	My eco-citizenship in action! - YouTube
	Project: Manage your waste!	Project on sound residual materials management in schools, with a mobilisation campaign, coaching, activity kit and competition.	https://fondationmf.ca/engagement-jeunesse/geretesmatieres/

